

## **B. J. Government Medical College & Sassoon General Hospitals**

### **Time table Of Foundation Course**

**Total = 154 hrs, Total working days 22X7=154hrs (Actual recommended by MCI- 175 hrs)**

**Orientation 28 hrs (Actual 30 hrs)**

**Skill Module 33 hrs (Actual 35 hrs)**

**Field Visit 8 hrs (Actual 8 hrs)**

**Professional Development & Ethics 36 hrs (Actual 40 hrs)**

**Language & Computer skills 32 hrs (Actual 40 hrs)**

**Sports & Extracurricular activities 17 hrs (Actual 22 hrs)**

Date	Day	9AM – 10AM	10 AM - 11AM	11AM-12AM	12AM-1PM	LUNCH	2PM-3PM	3PM-4PM	4PM-5PM
1/08/2019	Thurs	Orientation to Medical Profession, MBBS Programme & Curriculum		Dean's Address		-	Parents - teacher – Students Association	Introduction to Mountaineering Academy	
2/08/2019	Fri	Need for foundation Course	Alternate Health Care Systems	Principles of primary care (General + Community based care )		-	Visit to College & Hospital A+B+C+D	Stress Management	
3/08/2019	Sat	University Rules of Attendance & Internal Assessment		Communication Skills		-	Visit to Hostel, Mess, Library A+B+C+D	Stress Management	
Date	Day	9AM – 10AM	10 AM - 11AM	11AM-12AM	12AM-1PM	LUNCH	2PM-3PM	3PM-4PM	4PM-5PM
4/08/2019	Sun	H	o	L	i	-	d	a	Y
5/08/2019	Mon	Introduction to faculty members, Anti ragging Committee, Scholarships		Health care & its delivery	National Health Policy	-	Time management	Introduction to Student Council & Prachiti	
6/08/2019	Tue	Communication Skills workshop		Academic Ambience & types of learning		-	Workshop on First Aid	Yoga	
7/08/2019	Wed	Medical Ethics & Etiquettes		Doctor's role in Society, Responsibilities of doctor		-	Workshop on Basic life support		

8/08/2019	Thurs	Concept of Professionalism & Code of Conduct		Empathy & Honesty		-	Infection Control & Universal Safety Precautions		Yoga
9/08/2019	Fri	Consequences of Unethical & Unprofessional Behaviour		Medical Negligence & Malpractice		-	Biohazards & waste disposal		Yoga
10/08/2019	Sat	H	o	L	i	-	d	a	Y
11/08/2019	Sun	H	o	L	i	-	d	a	Y
12/08/2019	Mon	H	o	L	i	-	d	a	Y
Date	Day	9AM-10AM	10AM -11AM	11AM-12PM	12PM-1PM	LUNCH	2PM-3 PM	3PM-4PM	4PM-5PM
13/08/2019	Tue	Nutrition		Medical Violence	COPRA	-	Visit to PHC A+B, Visit to Infosys- Multispeciality hospital C+D		Introduction to Cultural Activity
14/08/2019	Wed	Medical Check ups		Spoken English		-	Visit to PHC C+D, Visit to Infosys- Multispeciality hospital A+B		Yoga
15/08/2019	Thurs	H	O	L	I	-	D	A	Y

16/08/2019	Fri	Medical Check ups		Spoken English		-	Workshop on Hand Wash	Introduction to Lift for Upliftment	Routine Exercises
17/08/2019	Sat	H	O	L	I	-	D	A	Y
18/08/2019	Sun	H	o	L	i	-	d	a	Y
19/08/2019	Mon	Communication Skills, Knowledge, Ethics & Attitude Workshop				-	Marathi Language Programme		Routine Exercises
20/08/2019	Tue	Interpersonal Relationship & Introduction to Seniors		Marathi Language Programme		-	Visit to Urban Health Center A+B Visit to SOFOSH(NGO) C+D		Yoga
21/08/2019	Wed	Singing, Dancing, Poetry etc. Talent Show				-	Visit to Urban Health Centre C+D Visit to SOFOSH(NGO) A+B		Sports
Date	Day	9AM – 10AM	10 AM - 11AM	11AM-12AM	12AM-1PM	LUNCH	2PM-3PM	3PM-4PM	4PM-5PM
22/08/2019	Thurs	Basics Of Computer Workshop		Spoken English		-	Personality Development. Types & Relation with Behaviour		Needle injuries & Needle Disposal
23/08/2019	Fri	Research In Medicine, Introduction to ICMR STS		Preceptor Counselling		-	Introduction to Psychosexual development		Gender Sensitivity

24/08/2019	Sat	H	o	L	i	-	d	A	Y
25/08/2019	Sun	H	o	L	i	-	d	A	Y
26/08/2019	Mon	Vaccination		Basics of Internet & e - learning		-	Marathi Programme		
27/08/2019	Tue	Career Pathway & Personal Growth		Coping Skills		-	Spoken English		Yoga
28/08/2019	Wed	Study Skills, Memory Enhancement		Stress management		-	Medical English		
29/08/2019	Thurs	Documentation & Medical Records		Introduction to IEC, Informed Consent		-	Computer group activities		
30/08/2019	Fri	Group Dynamics		Computer Skills		-	Self Directed learning		Routine Exercises
Date	Day	9AM – 10AM	10 AM - 11AM	11AM-12AM	12AM-1PM	LUNCH	2PM-3PM	3PM-4PM	4PM-5PM
31/08/2019	Sat	Peer assisted Learning		Computer Skills		-	Spoken Marathi Spoken English		